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Suppressive Effects of Welsh Onion Extracts on Mucus Hyper-Production in Human Airway Cells

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Abstract

We investigated the suppressive effects of Welsh onion (*Allium fistulosum L.*) on the hyper-production of mucins in NCI-H292 human lung cancer cells. Periodic acid-Schiff staining showed that the 50% (v/v) ethanol extract of Welsh onion suppressed mucus glycoprotein production in cells, whereas the water and ethanol extracts did not. A real-time RT-PCR analysis demonstrated that the 50% ethanol extract attenuated the gene expression of MUC2 and MUC5AC, which are major airway mucus components, in NCI-H292 cells stimulated with lipopolysaccharide (LPS). Furthermore, dot blot hybridization revealed that the extract at 100 μg/ml attenuated the hyper-production of the MUC5AC protein in LPS-stimulated NCI-H292 cells.

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Introduction

Approximately 480,000 tons of Welsh onion (*Allium fistulosum L.*) are harvested each year in Japan. Some of the biological activities of Welsh onion such as its activation of immune responses as well as its antioxidant, anti-glycation, and anticancer effect shave been reported^[1-3]. In Japan, Welsh onion is regarded as an effective treatment for colds, and the anti-influenza A activity of its fructan has been demonstrated^[4].

Mucin glycoproteins are secreted by mucosal goblet cells and mucin-encoding genes (MUC1, 2, 3, 4, 5AC, 5B, 6, 7, 8, 13, and 19) are expressed in the airways and/or lungs^[5,6]. These mucins are necessary for maintaining the viscosity of the mucus layer; however, the hyper-production of mucins in airways causes asthma and aspiration pneumonitis in dysphagic patients^[7]. NCI-H292 human cancer cells produce mucus glycoproteins such as MUC5AC, and the protein levels of these glycoproteins are up-regulated by cytokines and chemical substances^[8-10]. Agents for alleviating airway obstruction effectively normalize mucus production in NCI-H292 cells, and, thus, these cells have been used as an in vitro model of mucus hyper-production in airways[11,12]. We previously established an assay system for intracellular and extracellular mucin proteins in NCI-H292 cells^[13]. In the present study, we examined the effects of extracts of Welsh onion on LPS-stimulated mucin hyper-production in NCI-H292 cells.

Materials and Methods

Cell culture

The human lung cancer cell line, NCI-H292 was purchased from the American Type Culture Collection. NCI-H292 cells were cultured in RPMI-1640 supplemented with 10% fetal bovine serum (FBS), 100 units/ml penicillin, and 100 μ g/ml streptomycin in a 5% CO₂ incubator.

Welsh onion extracts

The edible parts (leaf and stem) of commercially available Welsh onion (1.0 g) were extracted in 50 ml of distilled water, 50% (V/V) ethanol and ethanol (99.5% ethanol), and the extracts were collected by centrifugation. The water extract was dried by lyophilization and the other alcohol extracts by evaporation. The extraction procedure yielded 222.9 mg of the water extract, and 273.1 mg of the 50% ethanol extract, and 175.5 mg of the ethanol extract.

Cell growth assay and Periodic Acid-Schiff (PAS) staining

NCI-H292 cells (3 x 10⁴) were precultured in 24-well plates (1ml) for 12 h, and subsequently incubated without or with 50 µg/ml of lipopolysaccharide (LPS,Wako Pure Chemical Industries), LPS plus 100 µg/ml Welsh onion extract, or LPS plus 100 µM S-carboxy-methyl L-cysteine (CC, Tokyo Chemical Industry). Viable cell numbers were counted using the Trypan

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blue dye exclusion assay under a microscope. PAS-positive cells were visualized as follows. Cells were fixed with ethanol-acetic acid (3:1), washed with distilled water twice, and then treated with 0.5% PAS reagent followed by 0.6% sodium metabisulfite containing 0.05N HCl.

Real-time RT-PCR

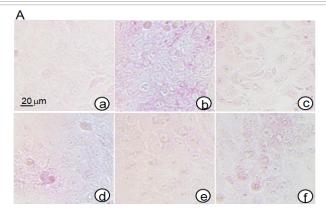
The effects of the three Welsh onion extracts on the expression of genes encoding mucins in NCI-H292 cells were examined. Cells (3 x 10⁴ cells) were seeded and pre cultured in 24well plates (1 ml) for 12 h, and then incubated with or without the extracts at 100 $\mu g/ml$ for 2 days. The isolation of total RNA and real-time RT-PCR were performed as previously described[14]. The relative expression level of each mRNA was normalized by the amount of glyceraldehyde-3-phosphate dehydrogenase (GAPDH) mRNA. The primer sequences used in the present study were 5'-GCACCGTCAAGGCTGAGAAC-3' (sense) and 5'-TGGTGAAGACGCCAGTGGA-3' (antisense) for GAP-5'-CATTATTCAGAGCGAGTATGGAGCA-3' and 5'-TCTTCAGTGAACATCAGAGGTGGA-3' (antisense) for β-glucuronidase (GUS), 5'-CAACCAGCACGTCATCCT-GAA-3' (sense) and 5'-GATGCAAATGCTGGCATCAAAG-3' (antisense) for MUC2, and 5'-CTGACCTGCCGACCCAAG-3' (sense) and 5'-CCCGCTCTGCTCCTGGTA-3' (antisense) for MUC5AC.

MUC5AC protein assay

NCI-H292 cells (1 x 10³ cells) were cultured in 96-well plates at 37°C for 48 h with or without the test samples. After extracellular proteins (culture media) had been collected, intracellular proteins were dissolved by lysis in 100 µl of Tris-buffered saline (TBS; 150 mM NaCl and 10 mM Tris pH7.5) containing 0.1% SDS. These protein solutions (40 µl) were blotted onto an Immobil on membrane (Millipore) by the Dot Blot Hybridization Manifold (SCIE-PLAS). The membrane was treated with 4% skim milk (Gibco Oriental) in 0.2% Tween 20-TBS (TBS-T) at 4° C for 12 h, and then incubated with a mouse anti-human MUC5AC antibody (1:2,000 in 4% skim milk, MS145-P1, Thermo Scientific) for 1 h. The membrane was washed 5 times for 5 min each with TBS-T and then incubated with rabbit anti-mouse IgG (H+L) (1:2,000 in 4% skim milk, NA931V, GE Healthcare) for 1 h. The membrane was washed 5 times, enzyme reactions were detected with a Luminata Forte western HRP substrate (WBLUF0500, Millipore) and a Chemidoc image analyzer (Bio-Rad).

Results and Discussion

We examined the effects of Welsh onion extracts on the production of mucus glycoproteins such as MUC5AC using PAS staining and NCI-H292 cell growth. The production of mucus glycoproteins was greater in LPS-treated NIC-H292 cells than in untreated cells (Figure 1A-b). The application of 100 μ M CC, which suppresses mucus production by cells^[10], down-regulated LPS-induced glycoprotein production (Figure 1 A-c). The 50% ethanol extract of Welsh onion markedly attenuated the LPS-induced hyper-production of mucus glycoproteins, and this effect appeared to be stronger than that by the water or ethanol extract (Figure 1A-d-f). Additionally, neither the 100 μ g/ml Welsh onion extracts nor 100 μ M CC affected NCI-H292 cell growth (Figure 1B).



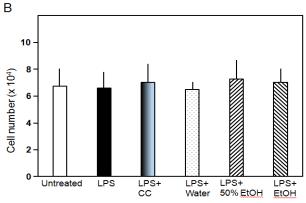


Figure 1: Effects of Welsh onion extracts on mucus glycoprotein production in and the growth of NCI-H292 cells.

A: Following the treatment without (a) or with 50 μ g/ml LPS (b), LPS plus 100 μ M CC (c), LPS plus 100 μ g/ml water extract (d), LPS plus 100 μ g/ml 50% ethanol extract (e), or LPS plus ethanol extract (f) for 48 h, mucus glycoproteins in NCI-H292 cells were visualized by PAS staining.

B: Following the treatment without (\square) or with 50 µg/ml LPS (\blacksquare , LPS plus 100 µM CC (\blacksquare), LPS plus 100 mg/ml water extract (\square), LPS plus 100 mg/ml 50% ethanol extract (\square), or LPS plus ethanol extract (\square) for 48 h, the number of viable NCI-H292 cells was counted using the Trypan blue dye exclusion method. Data are expressed as the mean \pm standard deviation (n = 3). The significance of differences was analyzed using a one-way ANOVA with Tukey's multiple comparison test.

Table 1: Suppressive effects of Welsh onion extract on the expression of mucin genes in LPS-treated NCI-H292 cells.

	Relative intensity/GAPDH (fold)			
Gene name	Untreated	LPS	LPS + CC	LPS + Welsh onion
GUS	1.0 ± 0.2	0.9 ± 0.3	0.9 ± 0.7	0.9 ± 0.2
MUC2	1.0 ± 0.2**	2.0 ± 0.1	2.3 ± 0.5	0.8 ± 0.1**
MUC5AC	1.0 ± 0.3**	3.4 ± 0.7	0.9 ± 0.5**	0.9 ± 0.2**

Following the treatment without or with LPS, LPS plus 100 μ M CC, or 100 mg/ml 50% ethanol extract of Welsh onion for 48 h, gene expression levels were measured by real-time RT-PCR. Data are expressed as the mean \pm standard deviation (n = 3). The significance of differences was analyzed using a one-way ANOVA with Dunnett's multiple comparison test. ** p < 0.01 ν s the LPS group

Mucus glycoproteins produced by NCI-H292 cells were mainly composed of MUC2 and MUC5AC^[15]. We investigated whether the 50% ethanol extract of Welsh onion suppressed the expression of these mucin genes (Table 1). Real-time RT-PCR demonstrated that the expression of the GUS gene was not influenced by any treatment used in the present study. MUC2



and MUC 5AC gene expression levels were higher in NCI-H292 cells treated with LPS at 50 μ g/ml than in untreated cells. In LPS-stimulated NCI-H292 cells, 100 μ M CC markedly reduced the gene expression levels of MUC5AC, but not those of MUC2. MUC2 and MUC5AC gene expression levels were 40.0% and 26.5% lower, respectively, in cells treated with the 50% ethanol extract of Welsh onion than in LPS-stimulated cells.

Furthermore, we measured the inhibitory effects of the 50% ethanol extract on intracellular and extracellular MUC5AC protein levels in NCI-H292 cells (Figure 2). Intracellular and extracellular levels of MUC5AC were 8.9- and 8.8-fold higher, respectively, in LPS-treated cells than in untreated cells. The 50% ethanol extract of Welsh onion markedly decreased LPS-induced MUC5AC hyper-production by cells, similar to the CC treatment, and reduced LPS-induced increases in MUC5AC levels by 2.2- (intracellular) and 3.0-fold (extracellular).

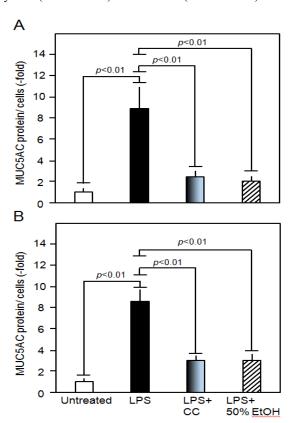


Figure 2: Intra- and extracellular MUC5AC protein levels in NCI-H292 cells.

Following the treatment without (\square) or with 50 µg/ml LPS (\blacksquare , LPS plus 100 µM CC (\blacksquare), or LPS plus 100 µg/ml 50% ethanol extract (\square) for 48 h, intra- (A) and extracellular (B) MUC5AC protein levels in NCI-H292 cells were measured using dot blot hybridization. Data are expressed as the mean \pm standard deviation (n = 6). The significance of differences was analyzed using a one-way ANOVA with Dunnett's multiple comparison test. ** p < 0.01 ν s the LPS group

In the present study, we showed the suppressive effects of Welsh onion on mucin synthesis in LPS-treated NCI-H292 cells, and the results obtained suggest that Welsh onion has the potential to improve mucus hyper-production in airways. We

will attempt to identify the active compounds of Welsh onion in our future research. Furthermore, since data for Welsh onion are limited to *in vitro* experiments, we intend to perform experimental animal studies and clinical tests on humans.

Conflict of interest: We declare that we have no conflict of interest.

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